

Blue Mountains Iyengar Yoga Studio moves to Blackheath



After 28 years in Katoomba, The Blue Mountains Iyengar Yoga Studio is moving its home to the former Lotus Temple in Wentworth St Blackheath (next to the Heath Cafe)! It will open on April 26 and you can drop in to check it out from 12.30 - 2.30pm on Sat April 30. Lulu Bull and her team of teachers, who have Iyengar Certification and have been through an extensive apprenticeship system, offer expert guidance for all abilities

of students from brand new beginners to experienced, including seniors. They also offer teacher training, workshops and retreats. Iyengar yoga offers many positive health benefits from improved flexibility, pain relief, reduction of stress and anxiety, improved mental health, an increased sense of wellbeing and much more! Information and bookings to www.bmyogastudio.com.au Contact Lulu on 0405 055625

Take one action to create a healthier world on World Health Day, 7 April

The theme of World Health Day this year is Our Planet, Our Health. It is now clear that damage to our natural systems is negatively impacting human health, so we urgently need action to restore planetary health. If 365 people take one small action on 7 April, we'll have the action of a WHOLE YEAR in ONE DAY! Get ideas and share your action at www.ayearinaday.org Phone Lis at Council's Planetary Health Initiative for info on 0407 437 553



**A big thank you to
Blackheath Area Neighbourhood Centre
for sponsoring our local news this month**

www.banc.org.au
47877770

District Events in April

FRI

1

Emily-Rose and the Wild Things

A fierce and fresh world of music led by front woman Emily-Rose Sarkova on Hotel Etico, 11 Montgomery St Mt Victoria Bookings recommended to 0438511352 or stay@hoteletico.com.au

SAT...

2, 3 ...

Mountains Marketeers - Blackheath Craft Markets

9am-3pm Every Saturday and 1st and 4th Sunday of the month at Blackheath-Mt Victoria RSL Sub-Branch, 2 Bundarra St. Bookings and enquiries to Rahim Isa on 0409 339473

SUN

3

Gigs on Govetts @ Zoe's Blackheath - Nic Danta Trio

With Matt Tonks, Paddy Connor, Crow Mountain and Jon Flood Show starts at 5pm - 35 Govetts Leap Rd, Blackheath Bookings essential to www.fusionboutique.com.au

SUN

3

Rhodo Community Market

Local stallholders and Rotary Barbeque. An eclectic mix of goods including hand-made and home-grown. Blackheath Community Centre and Gardens.

TUES

5

Duck Park - Have Your Say

BMCC will hold an information stall outside the Friendly Grocer to display concept sketches of what the Duck Park will look like. The plan looks at safety, accessibility, water quality and community facilities.

WED

6

Seniors Week Event: Come be Dramatic (inc. light refreshments)

1.30pm- 3.30 pm Discover your hidden thespian with easy drama activities (you can sit!) and hear a play reading with Maggie Davis and Liz Barclay. Blackheath Hub, 125 Wentworth St. Blackheath BOOKINGS: Liz 4787 7770

THU

7

Blackheath & District Horticultural Society AGM

10 am at The Lodge, Campbell Rhododendron Gardens. The Society is 100 years young and happy to welcome new members. Bring a plate or donate \$2 for afternoon tea.

FRI

8

Zoe's Blackheath - Declan Kelly & Vanessa Caspersz

A night of roots, rhythm, blues, indie, jazz, funk and soul. Shop 1, 35-41 Govetts Leap Rd Blackheath Bookings at www.fusionboutique.com.au

SAT

9

Seniors Week Event: Mocktails and Matisse

10am-Noon Sip on decadent mocktails and nibble fine cheeses with our own Jo and Jade as you conjure your artistic expressions onto canvas. Blackheath Hub, 125 Wentworth St. Blackheath BOOKINGS: Jade 4787 7770 Free event

SAT

9

Bushfire safety for new residents (also Thu 5 May)

10am-noon An introduction to staying safe with HUFF (Heads Up For Fire) program. Determine your trigger points to leave; prepare a fire plan and get an RFS inspection. The Bates Hall, Community Centre, 265 GWH Book: 47877770

SUN

10

Handmade - Recycled - Organics

Local artists and artisans 8.30 to 1.30 pm at Catholic Church Hall 125 Wentworth St. Blackheath

SUN

10

Markets: Blackheath CWA, Growers Market & Crafty Beggars

8am to 12 noon CWA/Baby Health Centre, Blackheath Community Hall and White Church Hall, 125 Wentworth St Blackheath.

District Events in April

MON

11

Botanical eco-dyeing with Sue Wildman

10am – 12 noon Create your own eco dyed cards and wall hangings using flowers, leaves and barks. For adults and children over 10 years (if accompanied) Blackheath Hub, 125 Wentworth St. Bookings: 0438 830 390 Free event.

MON

11, 13...

How to Draw Manga Characters

9am - 1pm for ages 12+ Award-winning comic book artist Jason Paulos will give a crash course in drawing, writing & publishing. Bookings 0447952825 Also runs on 13th and 21st April

TUES

12

Easter Fun Day!

10am – 1pm For children 5-12 years and their families. FREE Everything good about Easter in one big basket! Phillips Hall Gardiners Cres, Blackheath RSVP before 6 April to book your spot fiona@thriveservices.org.au

WED

13

Easter craft for families

10am-12 noon Come and join in as we create decorations and inspired craft for Easter. All materials provided. Free event Blackheath Hub, 125 Wentworth St. Blackheath Bookings: 0424 230 114

THU

14..

Mount VIC and Me - Open for 3 days in April

10am-3pm Thurs 14, Sat 16 and Sat 30
Lots of new locally created work at 115a Great Western Highway, Mt Victoria
www.mountvicandme.com

FRI

15-18

Blackheath Art Society Easter Exhibition

10am to 5pm Members' exhibition. Meet the Artists and prize-giving on Saturday at 2.30 . At the BAS Studio at 1349a Station Street Blackheath.

SAT

16

Megalong Makers' Market

Local artisans will gather with their homemade and homegrown wares. Soap, fresh produce, honey, woodwork, macrame, jewellery, crafts, olive oil, wine, and more. Megalong Valley Community Hall and Reserve - see Google Maps

SAT

16

Family Art workshops

Noon-1.30pm FREE Children under 12 and their parents are invited to express their creativity together in a joyful and messy art workshop. The Blackheath Hub, 125 Wentworth St, Blackheath. Bookings: 0404 288 487 Text only.

SAT

16

Blackheath Golf Club Fundraiser

The women of the Golf Club are running a DVD and book sale to raise funds for the Club to mitigate the damage the Club has suffered in the recent wet weather. Details Marilyn Rowe 0414536601

FRI

22...

Lumiere Festival - Mt Victoria (to 1st May)

40 luminous moving-image artworks, experiences and events - created by 25 extraordinary artists living and working in, or with connections to the Blue Mountains. Tickets from www.lumierefestival.com.au

FRI

22-25

Blackheath Chamber Music Festival (to 25 April)

The Blackheath Chamber Music Festival's autumn program comprises four sublime days and evenings of chamber music featuring distinguished Australian ensembles. Details 0421 621 951 or mountainproductions.com.au

All details are correct at time of printing.

Please contact event organisers to confirm details.

Send events to events@thebigfix.org or phone Lis on 0407 437 553

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Ph: (02) 4787 8368
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Blackheath NSW 2785

WED

27

Bushfire recovery workshop (also Saturday 30 April)

A hands-on FREE Citizen Science workshop on vegetation and habitat monitoring at Allendale. Join the discussion about care and custodianship of the land. 9.30-noon lunch included Bookings: 4787 7770

THU

28

Preparing a Fire Plan

To help ensure everyone is well-prepared, BANC and the RFS are offering free community engagement seminars for all Upper Mountains residents. All seminars are at 125 Wentworth St, Blackheath. Bookings: 0438 099 081

FRI

29

Luke Escombe

The ARIA-nominated owner of “Sydney’s Sexiest Voice” is delving into his back catalogue of albums. Hotel Etico 11 Montgomery Street Mt Victoria Bookings 0438511352 or email stay@hoteletico.com

SAT

30

Blue Mountains Creative Arts Network Open day

12.30-4pm FREE. Join fellow creative spirits for this inspiring and lively event supported by BANC. No need to book!
Gallery H 227 Chifley Rd Dargan

SAT

30

Lemon Twist Lesbian Mountains Meetup

2pm-4pm FREE Join in the fun and meet new people at this monthly Saturday social gathering at the Hub Times: No bookings needed. Call 4787 7770 for more info.

SAT

30

The Actor at Work with David Hobbs (Also Sunday 1st May)

This interactive workshop includes: getting the part, rehearsal, performance, the on-stage experience, meeting actors who have survived the experience. Bookings christinewatts23@gmail.com or 0412 917 753

SAT

30

Bush food and medicine workshop with outdoorsman Leafy

10am-noon Learn about the amazing edible and medicinal plants that grow right here in Blackheath. Bookings: 4787 7770 or projects@banc.org.au

SUN

1

Bush survival workshop with outdoorsman Leafy

Simple bush survival skills suitable for all ages. Learn how to find water and bush food, make string, and build a bush cubby from natural materials Sun 1 May Ridgewell Rd Blackheath 10am-noon (exact location TBC) BOOKINGS ESSENTIAL: Call Jade on 4787 7770 or projects@banc.org.au

The Big Fix is a registered charity and umbrella organisation for The Big Fix Media, Blackheath Local News and Blackheath Community Farm. You can support us with donations or by advertising in this newsletter.